

ACADEMY FOR LIFETIME LEARNING
CLASS SCHEDULE
FALL 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sept	2	3	4	5	6	7
		10:30-12 Golf 101		10:30-12 Golf 101		
	9	10	11	12	13	14
		10:30-12 Golf 101	1-4 Games	10:30-12 Golf 101	9-10:30 Memoirs 12:30-2 Under the Sea 12:30-2 Yoga/Meditation Series: Chakras 2-3:30 Maritime History of E.S. 2-3:30 Photography: Art of Seeing	
	16	17	18	19	20	21
		10:30-12 Golf 101	10-11:30 Yoga with Toni 10-12:30 Quilting 101: Tablerunner 1-3 Jazz 1-4 Games	9:30-11:30 Flowers 101 10:30-12 Golf 101 12-2 Flowers A.L.L.-Stars	9-10:30 Current Events 9-10:30 Memoirs 11-12:30 Art: Point of View 11-12:30 Bite-Size Book Club 12:30-2 Under the Sea 12:30-2 Yoga/Meditation Series: Breathing 2-3:30 Maritime History of E.S. 2-3:30 Photography: Art of Seeing	

	23	24	25	26	27	28
			10-11:30 Yoga with Toni 10-12:30 Quilting 101: Tablerunner 11-4 Kayaking 1-3 Jazz 1-4 Games	Kayaking Rain Date 9:30-11:30 Flowers 101 10-12 Cypress Swamp Nature Walk 12-2 Flowers A.L.L.-Stars 4:30-5:30 Creative Writing	9-10:30 Eastern Shore History 9-10:30 Memoirs 11-12:30 Art: Creating Trading Cards 11-12:30 Bite-Size Book Club 12:30-2 Under the Sea 2-3:30 Maritime History of E.S. 2-3:30 Photography: Art of Seeing	
	30	Oct. 1	2	3	4	5
		10-12 Psychobabble 10:30-12 Golf 102	10-12 Model RR 10-11:30 Making Yogurt 10-11:30 Yoga with Toni 10-12:30 Quilting 101: Tablerunner 1-3 Jazz 1-4 Games	9:30-11:30 Flowers 101 10:30-12 Golf 102 12-2 Flowers A.L.L.-Stars 4:30-5:30 Creative Writing	9-10:30 Eastern Shore History 9-10:30 Memoirs 11-12:30 Art: Creating Trading Cards 11-12:30 Bite-Size Book Club 12:30-2 Under the Sea 2-3:30 Maritime History of E.S. 2-3:30 Photography: Art of Seeing	
Oct.	7	8	9	10	11	12
		10-12 Psychobabble 10:30-12 Golf 102	10-12 Model RR 10-11:30 Yoga with Toni 10-12:30 Quilting 101: Tablerunner 1-3 Jazz 1-4 Games	9-12 Sewing Basics: Tote Bag 9:30-11:30 Flowers 101 10:30-12 Golf 102 12-2 Flowers A.L.L.-Stars 4:30-5:30 Creative Writing	9-10:30 Eastern Shore History 9-10:30 Memoirs 11-12:30 Poetry 11-12:30 Art: Surrealistic Games 11-12:30 Bite-Size Book Club 12:30-2 Under the Sea 12:30-2 Medicare 2-3:30 Maritime History of E.S. 2-3:30 Photography: Art of Seeing	

	14	15	16	17	18	19
		10-12 Psychobabble 10:30-12 Golf 102	10-12 Model RR 1-4 Games	9-12 Sewing Beyond Basics: Zippered Tote 10:30-12 Golf 102 4:30-5:30 Creative Writing	By Appt: Medicare Follow-Ups 9-10:30 Eastern Shore History 9-10:30 Memoirs 11-12:30 Poetry 11-12:30 Art: Tonal Studies 11-12:30 Bite-Size Book Club 2-3:30 Maritime History of E.S. 2-3:30 Photography: Art of Seeing 3:30-5 Harmony	
	21	22	23	24	25	26
		10-12 Psychobabble	10-12 Model RR 10-12:30 Sewing: Fabric Wallet 1-4 Games	10-12:30 Chair Painting 4:30-5:30 Creative Writing	9-10:30 Current Events 9-10:30 Memoirs 11-12:30 Poetry 11-12:30 Bite-Size Book Club 11-12:30 Beginning Photography 2-3:30 Mat Your Art 3:30-5 Harmony	
	28	29	30	31	Nov. 1	2
			10-12 Model RR 10-12:30 Sewing: Fabric Wallet 1-4 Games	9:30-11:30 Flowers 101 10-12:30 Chair Painting 12-2 Flowers A.L.L.- Stars	9-10:30 Nature Photography 9-10:30 Current Events 11-12:30 Poetry 11-12:30 Beginning Photography 3:30-5 Harmony	

Nov.	4	5	6	7	8	9
		1-2 Chair Yoga	10-12 Model RR		9-10:30 Nature Photography 9-10:30 Current Events 11-12:30 Beginning Photography 12:30-2 Yoga/Meditation Series: Yoga as Lifestyle Medicine 3:30-5 Harmony	
	11	12	13	14	15	16
		1-2 Chair Yoga			9-10:30 Nature Photography 9-12 Quilting Basics 11-12:30 Beginning Photography	11-4 In-Town Yoga Retreat: Healthy Aging
	18	19	20	21	22	23
		1-2 Chair Yoga	Nature Photography Field Trip (Time TBA)		9-10:30 Nature Photography 9-12 Quilting Basics 11-12:30 Beginning Photography 11-12:30 Car TLC	
	No Classes Week of Nov. 24-30					
Dec.	2	3	4	5	6	7
					9-12 Quilting Basics 11-12:30 Travel Talk: To France by Sea	11-4 In-Town Yoga Retreat: For Caretakers